



FOOTHILL 2ND PLACE



GROSSMONT 2ND PLACE



PAT WATSON - EL CAMINO  
2ND PLACE



ANNE KENDRICK - FOOTHILL  
2ND PLACE



◀ GLENDALE COLLEGE  
3RD PLACE

EAST LOS ANGELES ▶  
3RD PLACE



▲ AARON RUDD GROSSMONT  
4TH PLACE FINISH



JOSE GUTIERREZ PASADENA ▶  
3RD PLACE FINISH

(cont')

Results of 8 years of California State WOMENS cross country meets

1981 - at Fresno Woodward Park Lar. Sch.

1. Orange Coast	57 pts
2. Grossmont	85 pts
3. El Camino	92 pts
4. American River	112 pts
5. San Mateo	135 pts

Individuals 130 yds short of 3-miles

1. Rene Wykoff	Cequeoias	16:20
2. Laurie Crisp	Modestp	16:28
3. Barbie Ludovise	Orange C.	16:44
4. Linda Jungsten	Canada	16:45
5. Rene Hicks	San Fran.	16:49

1981 - at Fresno Woodward Park Sm. Sch.

1. Butte	68 pts
2. Santa Barbara	77 pts
3. Sierra	86 pts
4. Glendale	87 pts
5. Desert	93 pts

Individuals 130 yds short of 3-miles

1. Diana David	Butte	16:43
2. Rosa Tibaduiza	Lassen	17:03
3. Veronica James	S. Western	17:05
4. Carol Werner	San Barbra	17:08
5. Kelly Dolan	Shasta	17:16

1982 - at Fresno Woodward Large Sch.

1. Orange Coast	53 pts
2. American River	63 pts
3. El Camino	81 pts
4. Grossmont	89 pts
5. East L.A.	131 pts

Individuals 130 yds Short 3-miles

1. Kim Devetis	Orange	16:51
2. Mara Lazdans	Mira Cos	16:58
3. Perry Smythe	San. Rosa	17:05
4. Terri Elliott	Pasadena	17:07
5. Sharon Powers	San. Rosa	17:10

1982 - at Fresno Woodward Large Sch.

1. Yuba.	33 pts
2. Butte	39 pts
3. Cabrillo	52 pts

Individuals 130 yds Short 3-miles

1. Kathy Dolan	Shasta	17:41
2. Susan Radford	Monterey	17:41
3. Teresa Berry	Butte	18:23
4. Karen Bray	Yuba	18:37
5. Gabriele Ziesch	Menlo	18:53

Only Three Schools Participated

1983 - at Fresno Woodward Large Schools

1. Mira Costa . . . . .	55 pts.
2. Foothill . . . . .	63 pts.
3. East L.A. . . . .	69 pts
4. Santa Rosa . . . . .	97 pts.
5. Golden West . . . . .	101 pts.

Individuals 5,000 Meter 3-miles 188 yds.

1. * MARA LAZDANS	Mira Costa	17:55 rec.
2. Bernadette Torrez	Mt. SAC	17:56
3. Lori Shanoff	S. Rosa	17:58
4. Alexandria Aguirre	E. LA	18:19
5. Julie Rasmussen	Delta	18:22

1983 - at Fresno Woodward Small Schools

1. Ventura college	37 pts
2. Menlo College . . . . .	71 pts
3. Monterey penn. College	71 pts
4. Marin College . . . . .	83 pts.
5. Moorpark College . . . . .	87 pts.

Individuals 5,000 Meters 3-miles 188 yds.

1. Susan Radford	Monterey	17:58
2. Elaine Triplett	S. Barbara	18:15
3. Kelly Buzza	Cuesta	19:01
4. Ali Owen	S. Barbara	19:01
5. Nancy Panico	Ventura	19:08

1984 - Fresno Woodward ONE RACE

1. Mira Costa college . . .	27 pts.
2. Foothill College . . . . .	69 pts.
3. East Las Angeles . . . . .	106 pts.
4. Mt. San Antonio College	123 pts.
5. West Valley College . . .	134 pts.

Individuals 5,000 meters same course

1. LESLIE HAWKINS	Monterey	*17:34 rec
2. Anne Kendrick	Foothill	17:43*
3. Sandy Blakeslee	Mira Costa	17:49*
4. Jill Harrington	Orange Cst.	17:54*
5. Tina Cheny	Mira Costa	17:56

RESULTS OF 5 YEARS OF CALIFORNIA STATE CROSS COUNTRY MEETS

WOMEN

1977 - at Sierra - 3.0 miles - (large)

1. De Anza	38
2. West Valley	85
3. Ventura	112
4. Santa Barbara	114
5. Bakersfield	138

Individuals

1. A. Wotherspoon, W. Valley	17:28.5
2. A. Powers, De Anza	17:45.4
3. D. Love, Santa Barbara	17:58.5
4. K. Perkins, West Valley	18:03.3
5. S. Heyner, De Anza	18:05.5

1977 - at Sierra - 3.0 miles - (small)

1. Glendale	66
2. Citrus	78
3. Canada	85
4. Cuesta	96
5. Sequoias	121

Individuals

1. R. Caldwell, Citrus	17:06.2
2. S. Munday, San Jose	17:19.9
3. T. Moran, Glendale	17:59.0
4. F. Castro, Hancock	18:31.2
5. C. Gould, Citrus	18:37.1

3.0 miles

1978 - at Balboa, San Diego - (large)

1. West Valley	29
2. Fresno	89
3. Orange Coast	110
4. San Jose	113
5. Grossmont	131

Individuals

1. Cathy Perkins, West Valley	17:30
2. Irene Crowley, San Jose	17:44
3. Connie Hester, Fresno	17:57
4. Ann Wotherspoon, West Valley	18:09
5. Karen Robinson, Delta	18:13

3.0 miles

1978 - at Balboa, San Diego - (small)

1. Yuba	68
2. Citrus	69
3. Ventura	72
4. Glendale	78
5. MPC	98

Individuals

1. Ruth Caldwell, Citrus	17:27
2. Robin Tracey, AVC	18:05
3. Frany Castro, Hancock	18:19
4. Diana Pappas, Yuba	18:26
5. Sabrena Peters, MTC	18:28

3.0 miles

1979 - at Crystal Springs, Belmont (lg)

1. West Valley	57
2. Orange Coast	65
3. Grossmont	90
4. El Camino	146
5. Fresno	154

Individuals

1. Renee Ortiz-Wyckoff, COS	16:51
2. Ann Regan, West Valley	17:10
3. Irene Crowley, San Jose	17:19
4. Lita Whiteman, Grossmont	17:41
5. Lucia Rodriguez, Grossmont	17:41

3.0 miles

1979 - at Crystal Springs, Belmont (sm)

1. Glendale	45
2. Monterey Peninsula	78
3. Ventura	103
4. Skyline	112
5. Hartnell	125

Individuals

1. Sabrina Peters, Monterey	17:23
2. Beth Milewski, Ventura	17:45
3. Marcia Trujillo, Hartnell	17:52
4. Pam Burkes, Hartnell	18:18
5. Carol Adams, Glendale	18:21

3.0 miles

1980 - at L.A. Valley, Griffith Park (lg)

1. Orange Coast	41
2. Grossmont	55
3. American River	91
4. Santa Rosa	109
5. El Camino	124

Individuals

1. S. Gelley, Grossmont	19:18
2. Lori Crisp, Modesto	19:30
3. D. Ludovise, Orange Coast	19:41
4. M. Gibbs, Orange Coast	19:57
5. D. Gonzales, Orange Coast	20:03

3.0 miles

1980 - at L.A. Valley, Griffith Park (sm)

1. Glendale	32
2. Moorpark	90
3. Mira Costa	92
4. Ventura	120
5. San Diego & Sierra	129

Individuals

1. Pam Burkes, Hartnell	19:44
2. Maria Trujillo, Hartnell	19:48
3. Teresa Ramirez, San Diego	20:02
4. Diana David, Butte	20:07
5. Shari Ewing, Glendale	20:10

Results (cont.)

1971 - at Sierra - 4.0 miles (large)

1. El Camino	54
2. MSAC	72
3. Grossmont	91
4. Long Beach	118
5. L.A. Valley	135

Individuals

1. E. Mendoza, Grossmont	20:07
2. D. Babirack, L.A. Valley	20:18
3. G. Hall, Fresno	20:29
4. B. Johnson, El Camino	20:33
5. L. Patterson, El Camino	20:34

1971 - at Sierra - 4.0 miles (small)

1. Santa Ana	48
2. Golden West	69
3. Palomar	85
4. Glendale	98
5. Antelope Valley	109

Individuals

1. M. Martinez, Canyons	20:26
2. W. Webster, Palomar	20:37
3. C. Horn, Antelope Valley	20:49
4. J. Bonnell, Canyons	20:52
5. R. Spotts, Santa Ana	20:53

1972 - at Coll. of Canyons - 4.0 miles (lg.)

1. Grossmont	46
2. MSAC	102
3. American River	105
4. San Mateo	106
5. Bakersfield	128

Individuals

1. E. Mendoza, Grossmont	19:25
2. T. Cotton, Grossmont	19:34
3. E. Granillo, Bakersfield	19:51
4. G. Hall, Fresno	19:53
5. J. Van Din-, San Mateo	20:06

1972 - at Coll. of Canyons - 4.0 miles (sm.)

1. Santa Ana	61
2. Citrus	63
3. Palomar	63
4. Santa Barbara	106
5. Monterey	116

Individuals

1. R. Henderson, Moorpark	20:06
2. R. Spotts, Santa Ana	20:13
3. E. Chaidez, Citrus	20:16
4. B. Large, Santa Ana	20:24
5. J. Bonnell, Canyons	20:34

1973 - at San Mateo-4.0 miles (large)

1. Grossmont	89
2. El Camino	91
3. San Jose	96
4. Fullerton	115
5. Delta	125

Individuals

1. T. Cotton, Grossmont	19:35
2. C. Morden, L.A. Valley	19:52
3. M. Sommer, West Valley	19:58
4. R. Lujan, Harbor	20:00
5. G. Close, Grossmont	20:01

1973 - at San Mateo - 4.0 miles (small)

1. Palomar	82
2. Citrus	85
3. Moorpark	95
4. Cabrillo	96
5. Skyline	145

Individuals

1. D. DeLaGarza, Cabrillo	19:48.5
2. T. Pelton, Monterey	20:01
3. L. Dick, Palomar	20:03
4. E. Chaidez, Citrus	20:17
5. N. Gomez, Imp. Valley	20:21

1974 - at Mt. SAC - 4.0 miles (large)

1. Grossmont	54
2. Fullerton	107
3. S. J. Delta	108
4. West Valley	119
5. Moorpark	120

Individuals

1. John Olswarg, Orange Cst.	19:37.5
2. Cliff Morden, L.A. Valley	19:45
3. Gil Esparza, Moorpark	19:48
4. Matt Sommer, West Valley	19:52
5. Ted Quintara, Chabot	20:01

1974 - at Mt. SAC - 4.0 miles (small)

1. Glendale	40
2. Citrus	86
3. De Anza	95
4. Allan Hancock	107
5. Imperial Valley	140

Individuals

1. Bob Thomas, Glendale	19:19.8
2. Paul Frederickson, DeAnza	20:18
3. Greg Croad, Glendale	20:21
4. Rick Hart, Foothill	20:35
5. Steve Galbraith, Hancock	20:37

1964 - at MSAC - (5000 M)

1. S. D. Mesa	57
2. American River	66
3. Fullerton	95
4. San Mateo	114
5. Foothill	131

Individuals

1. B. Trujillo, Mesa	16:19
2. B. Branch, Pierce	16:22
3. M. Hetu, San Mateo	16:24
4. B. Lamorandier, Grossmont	16:25
5. R. Likens, San Mateo	16:27

1965 - at Sacramento (3.4 miles)

1. Grossmont	63
2. MSAC	98
3. Fresno	103
4. Pasadena	109
5. Orange Coast	116

Individuals

1. B. Lamorandier, Grossmont	17:47.7
2. T. Caldena, Bakersfield	17:56
3. F. Ortega, L.A. Valley	17:56
4. S. Cruz, L.A. Valley	18:04
5. T. Troy, Orange Coast	18:09

1966 - at Pierce (3.75 miles)

1. Pierce	76
2. Grossmont	80
3. Pasadena	93
4. MSAC	109
5. Long Beach	122

Individuals

1. N. Duggin, Hancock	18:24.4
2. E. Caldena, Bakersfield	18:42
3. H. Alpizar, Long Beach	18:45
4. P. Brang, MSAC	18:51
5. P. Santos, Fresno	18:57

1967 - at Fresno (4.0 miles)

1. Pasadena	71
2. Fullerton	78
3. Bakersfield	92
4. Pierce	95
5. American River	109

Individuals

1. O. Olesen, Santa Monica	19:20.7
2. P. Brang, MSAC	19:23
3. R. Fister, Fullerton	19:24
4. H. Alpizar, Long Beach	19:25
5. J. Gomez, Pasadena	19:30

1968 - at Southwestern 4.0 miles)

1. L.A. Valley	50
2. MSAC	73
3. Bakersfield	74
4. Pasadena	91
5. El Camino	

Individuals

1. M. Covert, L.A. Valley	20:32
2. R. Carr, Santa Monica	20:49
3. R. Hitchcock, Bakersfield	20:56
4. J. Gomez, Pasadena	21:00
5. A. Hinkle, MSAC	21:05

1969 - at Moorpark (4.0 miles)

1. L.A. Valley	39
2. Moorpark	66
3. MSAC	80
4. Pasadena	104
5. Bakersfield	120

Individuals

1. R. Hitchcock, Bakersfield	19:39.6
2. R. Chappins, Cerritos	19:43
3. M. Covert, L.A. Valley	19:50
4. M. Greer, Long Beach	19:55
5. P. Palazolla, L.A. Valley	20:05

1970 - at Moorpark (4.0 miles)

1. L.A. Valley	39
2. Santa Ana	84
3. MSAC	90
4. Bakersfield	115
5. El Camino	123

Individuals

1. B. Johnson, El Camino	19:53.6
2. D. Babirack, L.A. Valley	19:59
3. L. Apgar, S. D. City	20:02
4. R. Stephens, El Camino	20:07
5. S. Brown, L.A. Valley	20:11

Results (cont.)

4.0 miles

1979 - at Crystal Springs, Belmont - (lg.) Individuals

1. Grossmont	20	1. Rick Rose, Grossmont	20:07
2. Pasadena	110	2. Dennis Hamblin, Grossmont	20:12
3. San Jose	118	3. Alfredo Rosesa, El Camino	20:20
4. Long Beach	119	4. Camillo Rios, Long Beach	20:26
5. Marin	141	5. Steve McCormack, Grossmont	20:27

4.0 miles

1979 - at Crystal Spring, Belmont - (sm.) Individuals

1. Mira Costa	59	1. Jim Christensen, Monterey	20:07
2. Glendale	60	2. Mark Labonte, Saddleback	20:18
3. Butte	86	3. Steve Binns, Palomar	20:27
4. Palomar	121	4. Jon Jackson, Santa Barbara	20:28
5. Saddleback	138	5. William Wang, San Bern.	20:29

4.0 miles

1980 - at L.A. Valley, Griffith Park - (lg) Individuals

1. Grossmont	43	1. Steve McCormack, Grossmont	24:47
2. Orange Coast	90	2. A. Ross, El Camino	24:55
3. El Camino	112	3. J. Gerhardt, Orange Coast	25:12
4. Fresno	124	4. M. Ebner, Mt. SAC	25:27
5. West Valley	154	5. G. Lee, Long Beach	25:46

4.0 miles

1980 - at L.A. Valley, Griffith Park - (sm) Individuals

1. Glendale	68	1. J. Nelson, Glendale	24:24
2. Ventura	101	2. M. Ruelas, Citrus	25:38
3. San Bernardino	114	3. Jeff Magallanges, Monterey	25:51
4. Butte	119	4. R. Ysais, Ventura	25:53
5. Desert	120	5. W. Johnson, Ventura	25:04

1981 - at Fresno, Woodward Park Large Sch. Individuals 48 yds short 4-miles

1. Orange Coast	53 pts	1. Rodney Rivera	Grossmont	*19:13
2. Grossmont	68 pts	2. Jesse Torres	San Jose	19:16
3. West Valley	73 pts	3. Brian Harold	Orange /C.	19:24
4. El Camino	114 pts	4. Sean Evans	Grossmont	19:27
5. San Jose	127	5. Dan Martinez	Pasadena	19:28

1981 - at Fresno Woodward Park Small Sch. Individuals

1. Citrus	49 pts	1. Mike Carlton	Citrus	19:25
2. Moorpark	71 pts	2. Roger Soler	Hancock	19:33
3. Glendale	101 pts	3. Brad Jensen	Glendale	19:37
4. Hancock	106 pts	4. Sammy Barraza	Monterey	19:39
5. Cuesta	132 pts	5. Paul Smith	Moorepark	19:40

1982 - at Fresno Woodward Park Large Sch. Individuals 4 - Miles

1. Grossmont	62 pts	1. Rich Brownsberger	Gros	*19:17*
2. Orange Coast	66 pts	2. Jesse Torres	San Jose	19:21
3. Long Beach	83 pts	3. Mike Robbins	Grossmont	19:28
4. American River	96 pts	4. Casa Marquez	Long Beach	19:40
5. West Valley	98 pts	5. Steve Blakemore	Ft. Hill	19:40

1982 - at Fresno Woodward Small Sch. Individuals 4-miles

1. Butte	32 pts	1. Don Merwin	Shasta	20:14
2. Sierra	39 pts	2. Danial Clark	Butte	20:19
3. Hartnell	50 pts	3. Nash Guaracha	Hartnell	20:45
		4. Mark Hofer	Sierra	20:50
		5. Chris Cummings	Cabrillo	20:54

Only Three Schools

Results (cont.)

1975 - at Fresno - 4.0 miles - (large)

1. Grossmont	43
2. Fullerton	63
3. American River	112
4. Delta	121
5. Bakersfield	128

Individuals

1. Henry Perez, Delta	19:18.6
2. Kirk Pfeffer, Grossmont	19:19
3. Jose Saavedra, Fullerton	19:35
4. Armando Cendejos, Fullerton	19:38
5. Gerardo Canchola, Valley	19:41

1975 - at Fresno - 4.0 miles - (small)

1. Coll. of the Canyons	48
2. Citrus	79
3. Moorpark	89
4. Coll. of the Sequoias	109
5. College of Marin	129

Individuals

1. Juan Garcia, Sequoias	19:36
2. Greg Morrison, Citrus	19:46
3. Tom Cisick, Canyons	19:48
4. Scott Blackburn, Moorpark	19:48
5. Tim Hampton, Antelope Val.	19:51

1976 - at Coll. of Canyons - 4.0 miles (lg)

1. Grossmont	44
2. Fullerton	76
3. American River	88
4. San Mateo	109
5. Mt. San Antonio	132

Individuals

1. G. Paulin, West Valley	19:45
2. G. Hernandez, San Diego	19:50
3. K. Burkin, L.A. Valley	19:59
4. B. Mattstead, San Bern.	20:00
5. R. Russell, L.A. Pierce	20:04

1976 - at Coll. of Canyons - 4.0 miles (sm)

1. Glendale	90
2. San Diego City	103
3. Monterey	112
4. College of Canyons	115
5. Solano	122

Individuals

1. E. Ramirez, Oxnard	19:53.4
2. J. Rubino, Glendale	20:23
3. E. Huff, Cuesta	20:25
4. S. Blackburn, Moorpark	20:28
5. S. Burch, San Diego City	20:38

1977 - at Sierra - 4.0 miles - (large)

1. Grossmont	68
2. American River	78
3. Fullerton	85
4. Mt. San Antonio	88
5. L.A. Valley	120

Individuals

1. T. Holmes, Modesto	19:15.8
2. J. Ebiner, MSAC	19:16.5
3. K. Burkin, L.A. Valley	19:26.3
4. S. Godinez, Pasadena	19:27.6
5. B. Boettcher, MSAC	19:30.8

1977 - at Sierra - 4.0 miles - (small)

1. San Jose	
2. Glendale	
3. Monterey	
4. Allan Hancock	
5. San Diego City	

Individuals

1. J. Leano, Porterville	19:38.4
2. D. Navarro, Sierra	19:44.7
3. J. Fabris, San Jose	19:45.6
4. E. Keranen, Hancock	19:51.9
5. P. Kendrick, San Diego	19:52.9

4.0 miles

1978 - at Balboa Park San Diego - (lg.)

1. Grossmont	29
2. Fullerton	79
3. Bakersfield	114
4. El Camino	123
5. Long Beach	124

Individuals

1. Bill Hurst, Modesto	19:21
2. Steve Ortiz, Grossmont	19:32
3. Angel Carrile, Bakersfield	19:41
4. Chris Schalleu, L.A. Valley	20:00
5. Rick Rose, Grossmont	20:02

4.0 miles

1978 - at Balboa Park San Diego - (sm.)

1. Allan Hancock	44
2. Glendale	46
3. Sierra	96
4. Moorpark	131
5. Southwestern	155

Individuals

1. Greg Hitchcock, Sierra	19:38
2. Terry Gibson, Glendale	19:43
3. Ero Keranan, Hancock	19:50
4. Mark Lewis, Glendale	20:29
5. Jon Sup	20:33

MEN RESULTS OF PAST YEARS CALIFORNIA CROSS COUNTRY STATE MEETS

1983 - at Fresno Woodward park Small Sch.

1.	Hancock	(Ray Kring)	.33 pts.
2.	L.A. Valley	(Mark Covert)	.49 pts.
3.	Shasta	(Gary Lewis)	.67 pts.
4.	Monterey	(Dave Stern)	.89 pts.
5.	Sierra	(Gary Judd)	1.04 pts.

1983 - at Fresno Woodward Large School

1.	El Camino	(Dave Shannon)	.31 pts.
2.	Grossmont	(Tom Lux)	.42 pts.
3.	Glendale	(Tom McMurry)	.87 pts.
4.	American River	(Al Baeta)	.98 pts.
5.	West Valley	(Bill Campbell)	1.07 pts.

1984 - Fresno Woodward Park ONE RACE

1.	El Camino	(Dave Shannon)	62 pts.
2.	Grossmont	(Mike Muirhead)	65 pts.
3.	Glendale	(Tom McMurry)	73 pts.
4.	Pasadena	(Skip Robinson)	77 pts.
5.	Taft	(Creg Johnson)	101 pts.

Individuals 4.0 Miles Woodward Park

1.	Peter Brett	Hancock	19:49
2.	Eugenio Cruz	LA Valley	19:56
3.	Stephen Barlow	Hancock	20:02
4.	Chris Emmons	Hancock	20:08
5.	David Trissel	Hancock	20:09

Individuals 4.0 Miles Woodward Park

1.	Mandla Kunene	Porterville	19:24
2.	Gary Lewis	San Jose	19:27
3.	Gonzo Huggins	Long Beach	19:41
4.	Charles Davis	El Camino	19:46
5.	Jerry Hernandez	El Camino	19:53

Individuals 4.0 Miles Woodward Park

1.	Eugenio Cruz	LA Valley	19:27
2.	Pat Watson	El Camino	19:34
3.	Jose Gutierrez	Pasadena	19:39
4.	Aaron Rudd	Grossmont	19:42
5.	Jody Fischer	Taft	19:45

ACTION AT THE CALIFORNIA STATE MEET



TINA CHENY 5TH KELLY BUZZA 6TH  
MIRA COSTA CUESTA



NANCY BOWMAN 7TH TONY DELGADO 8TH  
TAFT PASADENA



LINDA MANTYNEN 9TH FOOTHILL



ROSA MEDINA LOCAL COURSE RECORD HOLDER



SOME OF THE LEADERS AT THE STATE MEET MEN



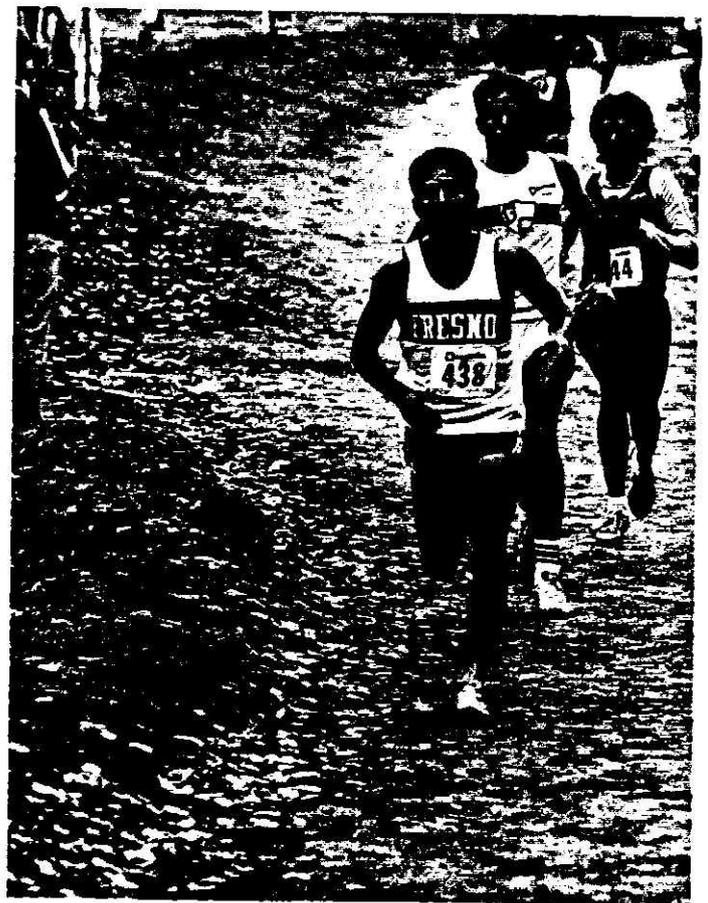
JOSE GUTIERREZ 3RD PASADENA



AARON RUDD 4TH GROSSMONT



JODY FISCHER 5TH TAFT



MARTIN LEAL LOCAL FAVORITE

SOME OF THE PEOPLE THAT MAKE THE STATE MEET TIC



DONNA & CHUCK SKOW TIMERS



HELEN FRIES, KEN DOSE & BETTY WEED



JIM LAFUENTE LEADS JODY FISCHER AT 2 1/2 MILES  
SAN JOSE TAFT



TOM DAVIES & LUIS PINON  
BUTTE EL CAMINO



77.	21:06	Steve Whitehead	Shasta	89.	21:29	Mike Greer	W. Valley
78.	21:06	James Williams	Fresno	90.	21:33	David Cattanach	Monterey
79.	21:10	Scott Savage	Chabot	91.	21:34	Ken Kuphaldt	Amer. River
80.	21:11	Chris Allen	Amer. Riv.	92.	21:38	Tom Winter	Shasta
81.	21:15	Armanda Gama	Shasta	93.	21:40	Jeff Failey	Amer. River
82.	21:17	Nelson Cottier	W. Valley	94.	22:17	Scott Merrall	West Valley
83.	21:18	Bob Schmalenberger	A. River	95.	22:23	Ron Felter	Shasta
84.	21:19	Mike Stafford	Amer. Riv.	96.	22:27	Santiago Lopez	Pasadena
85.	21:21	Keith Howard	Chabot	97.	22:29	Mike Elwell	Chabot
86.	21:22	Danny Lazneo	Pasadena	98.	22:55	Keith Piscotta	Chabot
87.	21:23	Dean Miller	Sierra	99.	23:10	Terry Albertson	Shasta
88.	21:28	Ernie Freer	Shasta				

It was a great team race among El Camino, Grossmont and Glendale even though Pasadena was favorite as the Southern Cal Champ. Grossmont and Pasadena had two men each in the front of a very closely bunched field at a fast 4:35 first mile. Eugene Cruz was setting the pace with Jose Gutierrez on his heels. The hills slowed the pace with a 5:05 second mile that spread the field out coming by the 2-mile in 9:40. Coming down an easy hill at the 3-mile mark saw Cruz of LA Valley with a 30 yd lead in 14:30 Gutierrez 2nd with Pat Watson of El Camino two yards back followed by Jody Fischer of Taft five more yards back. Pat Watson ran a strong last mile to over take Gutierrez for the runner up place but Eugene Cruz won the crown with a good time but no record. Pat Watson played a key role in the team victory for Dave Shannon's SECOND Straight State Meet Title. Grossmont traveled back to San Diego thinking of the many ways they might have won the title with just three points Tom McMurry's Glendale team made a great effort to finish in the top three places with their first four men running only 11 seconds apart. ( it takes 5!!)

The South should be congratulated on their five place sweep in the team race. In the individual race only Jim LaFuente placed in the top ten from the North. The times were really solid for the first 50 runners in the meet this year. The first 55 runners were under 20:40 which is good time on the Woodward Park course. The conditions were almost ideal with a packed down course from Fridays rain and the 58 degree weather. The individual runners helped keep the pace swift up front. Ten out of the first 21 places were by individual qualifiers which helps the quality of the field.

CONGRATULATIONS TO DAVE SHANNON'S TEAM, MARK COVERT'S INDIVIDUAL CHAMPION EUGENE CRUZ and to ALL THE GREAT PERFORMANCES THAT TOOK PLACE IN ONE CALIFORNIA'S TRUE STATE CHAMPIONSHIP EVENTS.

THANKS TO OUR SPONSOR CONVERSE RUNNING SHOES and Ted Banks (former Community College Coach) and Jim Howell who is so easy to work with and understands distance running.

As your meet director I hope we can continue to improve on staging this great distance running event each year. Many thanks to my officials that work hard at each championship event. Also a big thanks to the Parks Department and all the workers at Woodward Park that take pride in keeping up the course for the runners. Bob Fries



GOING UP THE TOUGH HILL



A CROWD AT THE 1st MILE in 4:35

CALIFORNIA STATE MEET

COMMUNITY COLLEGE

CROSS COUNTRY

1984

MEN

November 17, 1984

Course: Woodward Park, Fresno      Course Record: 19:17 - Rich Brownsberger, Grossmont  
4 miles varied terrain, 1-4 miles rolling, 2-3 miles hilly      1982.

Weather: 50 degrees, foggy, cool

Scores:

1. El Camino . . . . . 62 pts.	6. West Valley . . . . . 150 pts.
2. Grossmont . . . . . 65 pts.	7. Monterey . . . . . 167 pts.
3. Glendale . . . . . 73 pts.	8. Chabot . . . . . 202 pts.
4. Pasadena . . . . . 77 pts.	9. American River . . . . . 234 pts.
5. Taft . . . . . 101 pts.	10. Shasta . . . . . 259 pts.

Splits: 1 mile 4:35; 2nd mile 9:40; 3rd mile 14:30

PLACE	TIME	NAME	SCHOOL	PLACE	TIME	NAME	SCHOOL
1.	19:27	Eugene Cruz	L.A. Valley	39.	20:22	Greg Rivera	W. Valley
2.	19:34	Pat Watson	El Camino	40.	20:23	Kevin Bagley	Pasadena
3.	19:39	Jose Gutierrez	Pasadena	41.	20:23	Tim Davila	Chabot
4.	19:42	Aaron Rudd	Grossmont	42.	20:24	Paul Hoover	Foothill
5.	19:45	Jody Fischer	Taft	43.	20:25	Pat Mitchell	Glendale
6.	19:48	Adolfo Garcia	Pasadena	44.	20:26	Hugo Cibrian	COS
7.	19:51	Jim LaFuente	San Jose	45.	20:26	Dan Cote	El Camino
8.	19:51	Chris Emmons	Hancock	46.	20:29	Bill Lybeer	Monterey
9.	19:52	Ramon Acosta	Long Beach	47.	20:30	John Nelson	Monterey
10.	19:52	John King	Taft	48.	20:32	Joseph Carnegie	Taft
11.	19:54	Harry Staalberg	El Camino	49.	20:34	Darren Near	Citrus
12.	19:57	Dan Palmer	Glendale	50.	20:34	Stacy VanHorn	Santa Rosa
13.	19:58	Martin Sandoval	Grossmont	51.	20:36	Martin Leal	Fresno
14.	19:58	Nathan Williams	Mt. Sac.	52.	20:37	Tom Kidwell	Saddleback
15.	19:58	Mike Trees	Long Beach	53.	20:38	Scott Richardson	Grossmt.
16.	19:59	Garry Partridge	Hancock	54.	20:39	Wilbert James	Taft
17.	20:00	Eric Waian	Glendale	55.	20:39	Greg Hoffman	El Camino
18.	20:00	Todd Chambers	El Camino	56.	20:40	Bob Johnson	Lassen
19.	20:02	Tom Davies	Butte	57.	20:41	Jorge Ruiz	Delta
20.	20:02	Luis Pinon	LA Harbor	58.	20:44	Frank Velasquez	West Valley
21.	20:06	Fernando Vasquez	LA Harbor	59.	20:45	Marco Ochoa	Santa Ana
22.	20:07	Tony Moudakis	Glendale	60.	20:46	Mike McManus	Delta
23.	20:08	Pat Herbert	El Camino	61.	20:48	Eric Smedberg	A. River
24.	20:08	Randy Marrs	Glendale	62.	20:48	James Price	A. River
25.	20:10	Craig Ingram	Moorpark	63.	20:50	Sal Rodriquez	Mt. Sac
26.	20:11	Mitch Zinn	Grossmont	64.	20:50	Joey Bunch	Taft
27.	20:11	Roy Garcia	West Valley	65.	20:50	Mark Goulet	Cabrillo
28.	20:12	Troy Curran	Monterey	66.	20:51	Jose Gurrola	Skyline
29.	20:13	Rob Fithen	Grossmont	67.	20:52	Chris Bowe	Monterey
30.	20:13	James Green	San Jose	68.	20:53	David Larabee	Shasta
31.	20:14	Todd Strickland	West Valley	69.	20:57	Mike Matthews	Foothill
32.	20:14	Dan Ouelette	Grossmont	70.	20:58	Melfred Tewawina	Taft
33.	20:16	Enrique Aparicio	Pasadena	71.	20:59	David Miller	Fullerton
34.	20:17	Thomas Wilkenson	L.A. Valley	72.	20:59	Mike Grafton	El Camino
35.	20:18	Joe Jimenez	Pasadena	73.	21:00	Mike Anderson	San Mateo
36.	20:21	John Erickson	Taft	74.	21:02	Mike Lawrence	Chabot
37.	20:21	Rich Farmer	Grossmont	75.	21:03	Todd Acheson	Monterey
38.	20:21	John Lego	Chabot	76.	21:03	Dan McGreal	Monterey

Women State Meet Results Continued

Place	Time	Name	School	Place	Time	Name	School
85.	20:36	Nancy Maliace	S.D. Mesa	93.	21:01	Sandi Pickering	American R
86.	20:43	Livia Peras	W. Valley	94.	21:08	Robin Sanchez	American R
87.	20:45	Lisa Ash	Moorpark	95.	21:09	Karen Stanley	Yuba
88.	20:43	Viv Leos	Mt. SAC	96.	21:26	Leslie Musante	Santa Rosa
89.	20:45	Teresa Warren	C.O.S.	97.	21:29	Nancy Molitor	American R
90.	20:49	Julie Plutchak	W. Valley	98.	21:30	Jessie Moreno	Santa Rosa
91.	20:53	Betty Wood	S.D. Mesa	99.	22:25	Lisa Peters	Moorpark
92.	20:54	Anna Lamott	East L.A.	100.	22:32	Lupe Roles	C.O.S.

MIRA COSTA DEFENDED THEIR STATE MEET TITLE!! COACH AL GILBERT did a great job with two of his returning runners. Sophomore Sandy Blakeslee 3rd in the race improved 40 seconds over last year, Kim Sterton improved 65 seconds and his new runners' Tina Cheny Pauline Stehly, and Stephanie Fedorchak finished 5th, 13th, and 22nd which puts them as favorites. They will be a threat again next year if Al can bring his three returning runners back with that kind of improvement in '85. Congratulations to you and your two time State Champions.

The race for the individual title was a race for two miles with Leslie Hawkins from Monterey setting a fast pace 5:18 first mile. Anne Kendrick closed the gap some on the hilly second mile and it looked like it might come to a close finish. Leslie reached down in the last mile and opened up a nine second lead to give her the individual crown that put a big smile on Coached Dave Sterns face.

The old course record of 17:55 set by Mara Lazdans of Mira Costa last year broken by the first four runners. Sandy Blakeslee and Jill Harrington broke the old record taking 3rd and 4th. It might be interesting to note that Mira Costa, Foothill and East L.A. finished in the same order in 1983. I'm sure Jim Ryan of East L.A. and Peanut Harms of Foothill must have some Freshman on their teams that could rise to the top in 1985.

There was a change in the order of finish when two runners left the chute before they turned in their name tags. I hope Coaches and spectators can stay away from the chute in the future, or walk their name tag through the chute for them.

Sorry for the mix up in the start of the race but it will not happen in the future. The Womens race next year will start at 11:00 A.M. PLAN ON IT!



SANDY BLAKESLEE MIRA COSTA  
3rd place broke course record  
Near the 2-mile mark



JILL HARRINGTON -ORANGE COAST & Coach  
4th place also broke the course record

CALIFORNIA STATE MEET

COMMUNITY COLLEGE

WOMEN

CROSS COUNTRY 1984

November 17, 1984

Course: Woodward Park, Fresno. Course Record: Mara Lazdans 17:55 Mira Costa 1983  
5000 Meters. 1 & 3rd Miles easy rolling. 2nd mile hilly. Varied surface.

Weather: 58 degrees, light fog, course packed down by recent rain.

Scores: 1. MIRA COSTA ..... 27 pts. 6. San Diego Mesa..... 135 pts.  
2. Foothill college..... 69 pts. 7. Moorpark College.... 178 pts.  
3. East Los Angeles.....106 pts. 8. Santa Rosa..... 184 pts.  
4. Mt. San Antonio .....123 pts. 9. American River ..... 188 pts.  
5. West Valley .....134 pts. 10. College of Sequoias. 241 pts.

Splits: 1-mile 5:18, 2nd mile 11:09, 3 rd mile 17:34. 5:18, 5:33, 5:42, plus 43-sec.

PLACE	TIME	NAME	MONTEREY	PLACE	TIME	NAME	SCHOOL
1.	**17:34	LESLIE HAWKINS	MONTEREY	43.	19:15	Sue Bryan	Foothill
2.	*17:43	Anne Kendrick	Foothill	44.	19:15	Shari Virge	American R
3.	*17:49	Sandy Blakeslee	<u>Mira Costa</u>	45.	19:16	Natalie Fuesa	Moore Park
4.	*17:54	Jill Harrington	<u>Orange Cst</u>	46.	19:18	Becki Van Zant	Foothill
5.	17:56	Tina Cheny	<u>Mira Costa</u>	47.	19:19	Anne James	Orange Cst.
6.	17:57	Kelly Buzza	Cuesta	48.	19:20	Jackie Frost	S.D. Mesa
7.	18:02	Nancy Bowman	Taft	49.	19:21	Alice Vasquez	East L.A.
8.	18:03	Tony Delgado	Pasadena	50.	19:21	Kim Calvin	Sacramento
9.	18:09	Linda Mantynen	Foothill	51.	19:25	Alma Bernal	East L.A.
10.	18:14	Stacy McAfee	Sierra	52.	19:26	Heather Reqowalli	Foothill
11.	18:19	Carla Halford	West Vally	53.	19:27	Taria McElhaney	S.D, Mesa
12.	18:23	Carolyn Richards	Pasadena	54.	19:29	Heidi Gartner	Mira Costa
13.	18:23	Pauline Stehly	<u>Mira Costa</u>	55.	19:32	Cecilia Saleme	De Anza
14.	18:23	Diane Gobel	Santa Ana	56.	19:34	Erin Eicher	Mt, SAC
15.	18:30	Annie Seawright	El Camino	57.	19:37	Lynda Fairman	Moorpark
16.	18:32	Jill Schlumberger	De Anza	58.	19:38	Omega Lane	East L.A.
17.	18:32	Tracy Ross	Cuesta	59.	19:39	Trisa Sowers	Mt. SAC
18.	18:37	Gretchen Lohe	L.A Valley	60.	19:40	Christine LoFranco	W. Valley
19.	18:41	Michele McGinnis	Bakersfield	61.	19:41	Sheryl Fant	Foothill
20.	18:42	Mary Barnes	Ventura	62.	19:44	Liz Banner	Sant Rosa
21.	18:43	Sue Quaid	Chabot	63.	19:45	Kelly Bungo	Foothill
22.	18:45	Stephanie Fedorchak	<u>Mira Costa</u>	64.	19:46	Rose Abbondondola	Moorpark
23.	18:48	Diane Versteeg	<u>El Camino</u>	65.	19:45	Jerri Frost	S.D. Mesa
24.	18:48	Shelly Dunlap	Sacramento	66.	19:50	Anne St. Armor	S.D. Mesa
25.	18:49	Julie Van Horn	Sacramento	67.	19:52	Swee Lee Chee	Mt. SAC
26.	18:49	Celia Sewewgyawma	Taft	68.	19:53	Bonnie Way	sierra
27.	18:51	Julie Rasmussen	Delta	69.	19:55	Teri Brunet	Moorpark
28.	18:52	Susie Hansen	West Vally	70.	19:56	Maureen Williamson	W.Valley
29.	18:54	Kim Sterton	<u>Mira Costa</u>	71.	19:57	Donna Martin	Shasta
30.	18:55	Peggy Macke	<u>American R</u>	72.	20:03	Donna Summers	Sanra Rosa
31.	19:02	JoAnn Maldonado	Mt. SAC	73.	20:04	Jill Canales	C.O.S.
32.	19:02	Mary Akins	S.D. Mesa	74.	20:09	DeeDee Dewey	Santa Rosa
33.	19:03	Mona Lopez	Hartnell	75.	20:17	Pati Conway	American R.
34.	19:03	Sheri Opp	San Jose	76.	20:21	Clea Kennelley	C.O.S.
35.	19:05	Rosa Medina	FRESNO	77.	20:22	Heidi Rued	Santa Rosa
36.	19:06	Marie Rollins	East L.A.	78.	20:24	Heidi Karanfel	W, Valley
37.	19:07	Lih-Jiau Hendry	Desert	79.	20:26	Cindy Jungwith	C.O.S.
38.	19:10	April Acosta	Mt. SAC	80.	20:26	Rosa Acevs	East L.A.
39.	19:12	Sonji Nichols	<u>Mira Costa</u>	81.	20:29	Pam Beedie	American R.
40.	19:14	Lupe Rodriquez	East L.A.	82.	20:32	Mary Bogovich	Mt. SAC
41.	19:15	Allison	Williams	83.	20:33	Teri Ingram	Moorpark
42.	19:15	Carol Ferrari	Santa Rosa	84.	20:34	Victoria Elias	C.O.S.

\*\* New course record Holder \* Also broke the old Course record

**CALIFORNIA STATE COMMUNITY COLLEGE  
CROSS COUNTRY CHAMPIONSHIP TOP FIFTEEN  
ALL STATE FINISH MEN AND WOMEN TEAMS 1984**



**Front L-R** LESLIE HAWKINS, ANNE KENDRICKS, SANDY BLAKESLEE, JILL HARRINGTON,  
TINA CHENEY, KELLY BUZZA, NANCY BOWMAN  
**Back Row** TONY DELGADO, LINDA MANTYNEN, STACY MCAFFEE, CARLA HALFORD,  
CAROLYN RICHARDS, PAULINE STEHLY, DIANE GOBEL, ANNE SEAWRIGHT



**Front L-R** EUGENE CRUZ, PAT WATSON, JOSE GUTIERREZ, AARON RUDD, JODY FISCHER,  
ADOLFO GARCIA, JIM LAFUENTE  
**Back Row** CHRIS EMMONS, RAMON ACOSTA, JOHN KING, HARRY STAALBERG, DAN PALMER,  
MARTIN SANDOVAL, NATHAN WILLIAMS, MIKE TREES

# 1984

## CALIFORNIA COMMUNITY COLLEGE STATE CROSS COUNTRY CHAMPIONS



MIRA COSTA DEFENDS TITLE



EL CAMINO DEFENDS TITLE



LESLIE HAWKINS - MONTEREY  
WOMEN'S CHAMPION  
NEW COURSE RECORD



EUGENE CRUZ - L.A. VALLEY  
MEN'S CHAMPION